

YEAR PLAN 2021-22 (Monthly Break-up)

Course Book- The Mirror of Values (Goyal Brothers Prakashan)

SUBJECT: Life Skills

GRADE: 8

TEACHER: Nilisha Shaji

JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER
Ch-1 : Prayer of peace	Ch 2: God is one Periodic Test 1	Ch 3: Never Quit Ch 4: Honesty	Ch 5: Weakness or strength Ch 6: Take time to Laugh Ch 7: Failure Ch 8: Forgiveness Life skill Assignment 1	Ch 9: If Ch 10: The power of Initiative AEP session 1- Topic: Session on the changes seen in pubertal phase, menstruation, Hygiene, the mood and Emotional changes, Body positivity, nutrition and sleep. Half Yearly Exam

NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH
<p>Ch 11: Peace of mind</p> <p>Ch 12: How much land does a man need?</p> <p>Ch 13: Abou Ben Adhem</p> <p>Ch 14: People with Special needs</p>	<p>Ch 15: The Tortoise and the Hare</p> <p>Ch 16: anyway</p> <p>Ch 17: Socrates-A seeker of truth</p> <p>Periodic Test 2</p>	<p>Ch18: Gems of India</p> <p>Ch 19: Right and duties</p> <p>Ch 20: Pollution</p>	<p>Ch 21: Stay Hungry Stay Foolish</p> <p>Ch 22: Learning Life skills</p> <p>AEP session 2-</p> <p>Topic: Cyberbullying and social media influence</p> <p>Life Skill Assignment 2</p>	<p>Final Exam</p>