

YEAR PLAN 2021-22 (Monthly Break-up)

Course Book- The Mirror of Values (Goyal Brothers Prakashan)

SUBJECT: Life Skills

GRADE: 6

TEACHER: Nilisha Shaji

| JUNE | JULY | AUGUST | SEPTEMBER | OCTOBER |
|----------------|--|--|--|---|
| Ch-1: A prayer | Ch 2: Footprints in the sand Periodic Test 1 | Ch 3: Face the problems Ch 4: Heaven and Hell | Ch 5: Qualities of a leader Ch 6: Dare to Dream Ch 7: Ambition Life skill Assignment 1 | Ch 8: Together we shall triumph Ch 9: Parable of the Pencil AEP (Adolescent Education program)- Topic: Session on the changes seen in pubertal phase, menstruation, Hygiene, the Emotional changes, Body positivity, nutrition and sleep Half Yearly Exam |

| NOVEMBER | DECEMBER | JANUARY | FEBRUARY | MARCH |
|---|--|--|--|--------------------------|
| <p>Ch 10: Humility</p> <p>Ch 11: Being responsible</p> <p>Ch 12: Compassion for needy</p> | <p>Ch 13: Think Before you speak</p> <p>Ch 14: Story of two Friends</p> <p>Periodic Test 2</p> | <p>Ch 15: Colours of a rainbow</p> <p>Ch 16: Love for One's country</p> <p>Ch 17: Saving animals</p> | <p>Ch 18: Famous personalities</p> <p>Ch 19: Learning Life skills</p> <p>AEP session:</p> <p>Topic: Cyber bullying and Social media influence</p> <p>Life Skill Assignment 2</p> | <p>Final Exam</p> |